



Craven County Disaster Recovery Alliance

Updated as of 12:00 PM 4/10/2020:

The following is a list of resources compiled by CCDRA and our partners. While we are hard at work at keeping the list updated, please understand that things may change without our knowledge. We do recommend reaching out to the following resources to confirm assistance is still available when possible. Please remember to practice social distancing and wash your hands. **If you are an organization that has assistance available and would like to be added to this list, please email Kristy at kristy.ccdra@gmail.com or call 252-571-5663.**

For information or questions about COVID-19 (Coronavirus) please explore the following:

- NC 211: <https://www.nc211.org/> or <https://www.nc211.org/coronavirus-covid-19>
 - Dial 211 or 888-892-1162
 - Text COVIDNC to 898211 to receive important updates and information
- NC Department of Health and Human Services: www.NCDHHS.Gov;
<https://www.ncdhhs.gov/divisions/public-health/coronavirus-disease-2019-covid-19-response-north-carolina/individuals-families> 1-866-462-3821
- Center for Disease Control and Prevention:
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- H.R. 6201, Families First Coronavirus Response Act:
https://appropriations.house.gov/sites/democrats.appropriations.house.gov/files/Families%20First%20summary.pdf?fbclid=IwAR3CZ5PgWvsRQv672thPu_f-S8t3eGSPzBliPF2wD1Htvu26si4Ho_zZsM
- FEMA Rumor Control: <https://www.fema.gov/Coronavirus-Rumor-Control>
- SBA Small Business Disaster Loans:
<https://www.sba.gov/disaster-assistance/coronavirus-covid-19>
- NC Coronavirus Hotline: 1-866-462-3821
- Nonprofit Pandemic Resource List (this list is for use by non-profit groups):
<https://www.ncnonprofits.org/resources/pandemicresources>

For community assistance please contact the following:

Domestic Violence:

- National Domestic Violence Hotline: 1-800-799-7233



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- For non-verbal assistance: <https://www.thehotline.org/>
- For a list of shelters and assistance by county: <https://nccadv.org/get-help>

Legal Assistance:

- Call 1-866-219-5262
- <http://www.legalaidnc.org/>

Employment Closure/Lowered Hours/Unable to Work due to High Risk of Exposure COVID-19:

- Unemployment: <https://des.nc.gov/>
 - FAQs and more information: <https://des.nc.gov/need-help/covid-19-information> or call 888-737-0259.
- Restaurant Workers:
 - NC Restaurant Workers Relief Fund: Apply for up to \$500 Individual Assistance at: <https://www.ncrestaurantrelief.com/apply>
 - FAQs: <https://www.ncrestaurantrelief.com/learn-more>
- Farmers:
 - Send in inquiry to be notified when Emergency mini-grant funds for farmers becomes available: <https://docs.google.com/forms/d/e/1FAIpQLSdCiknAA89yeGNwCd1WBjIVTHk01yVQij5wMCKCGKpdaO0esg/viewform>
- Artists:
 - NC Artists Relief Fund: <https://visualartexchange.wufoo.com/forms/r545x8q1supxwk/>
- Bartenders:
 - Bartender Emergency Relief Fund: <https://www.usbgfoundation.org/beap?fbclid=IwAR1qiX9mNONW1Go0ISAvxnB9aXOkUssyFzTwaxBUTZuc8iz23I-mR-heIOA>

Tax Information:

- North Carolina State Tax filing and payments due dates have been extended. Please see details at: <https://www.ncdor.gov/home/ncdor-actions-covid-19>



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- Federal Tax Filing and payment due dates have been extended. Please see details at: <https://www.irs.gov/coronavirus>

Rent Payment Assistance:

- Salvation Army: Call Nancy at 252-637-2277. This is by appointment only. No walk-ins.
- Catholic Charities: Contact 252-638-2188. This is by appointment only. No walk-ins.
- RCS (Religious Community Services)—252-633-2767 ext 105

Utility Assistance:

- Salvation Army: Call Nancy at 252-637-2277. This is by appointment only. No walk-ins.
- Catholic Charities: Contact 252-638-2188. This is by appointment only. No walk-ins.
- RCS (Religious Community Services)—252-633-2767 ext 105

Food & Supply Assistance:

- www.CoronaCommunity.org is coming together to meet food needs as quickly as possible. While there are no partners aligned in our area yet, they are asking for people to put in requests while they continue to seek partners in our area.
- Craven County Schools is offering Free Meals on Big School Wheels. They will be delivering food at designated stops throughout Craven County for children. This is open to all children 18 yrs and younger. Please see their website for delivery schedule and updates: <https://www.cravenk12.org/> or follow them on Facebook: <https://www.facebook.com/CravenCountySchools/>
- Salvation Army: Monday, Tuesday, Wednesday 10-11:45 am @ 1402 Rhem Ave New Bern, NC. Will need ID and a bag for food.
- Craven County Senior Services: Home Delivered Meals Program and Congregate Nutrition Program are still operational for people 60 years and older. Call 252-638-1790. No walk-ins.
- Parents needing food for their children:
 - Text FOODNC to 877-877 to locate nearby free meal sites. En Español COMIDA to 877-877
- Parents needing diapers for their children:



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- <https://ncdiaperbank.org/>
- Craven County Department of Social Services—252-636-4900. See the following for details:
<https://www.ncdhhs.gov/assistance/low-income-services/food-nutrition-services-food-s-tamps> (as of 3/26/2020, Disaster SNAP has not been put in place, however regular assistance is available for those who meet eligibility guidelines)
- To find local food banks:
 - <https://foodbankcenc.org/find-help/food-finder/>
 - <https://www.feedingamerica.org/find-your-local-foodbank>

Child Care for Essential Personnel:

- NCDHHS Child Care Hotline: 888-610-1685. For more information see https://ncchildcare.ncdhhs.gov/Portals/0/documents/pdf/F/FINAL_Guidance_for_Child_Care_Providers_03-23-2020.pdf

Internet Services:

- Suddenlink is providing free internet for 60 days for households in their service area that has a student from K-12 and/or college who does not already have internet service. Service can be continued after that for \$14.99 per month with no annual contract. Call 1-888-633-0030 for information and to sign up.
- Spectrum is providing free internet for 60 days for households in their service area that has a student from K-12 and/or college who does not already have internet service. Installation fees will be waived for new student households. Call 1-844-653-6827 for information and to sign up.

Health Care, Mental Health, and Addiction Assistance & Information:

- Craven County Community Health Center:
<https://www.cravencountync.gov/1816/Craven-County-Community-Health-Center> to make an appointment please call: New Bern Office 252-636-4920 Option 2 or Havelock Office 252-444-1533 Option 2
- BlueCross BlueShield of North Carolina has expanded coverage and waived fees for members. If you have BCBS of NC, please see their website to see what this means to you:



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<https://blog.bcbsnc.com/2020/02/what-you-need-to-know-about-coronavirus/#member>

- Prescription Assistance:
 - RCS (Religious Community Services)—252-633-2767 ext 105
 - NC MedAssist: <https://medassist.org/how-to-enroll/> or call 866-331-1348
- Trauma focused therapy or Victim Advocacy:
 - Promise Place— Crisis Line 252-635-7096
- National Suicide Prevention Hotline:
 - 1-800-273-8255
- Disaster Distress Helpline:
 - Call: 800-985-5990
 - Text: “TalkWithUs” to 66746
 - DisasterDistress.samhsa.gov
- Medicaid:
 - Medicaid has changed some of its policies to assist with costs and care during the COVID-19 pandemic. For more information see <https://medicaid.ncdhhs.gov/about-us/coronavirus-disease-2019-covid-19-and-nc-medicaid> or call: NC Medicaid Contact Center Phone: 888-245-0179
- Disability Resources:
 - Disability rights and resources: <https://disabilityrightsncc.org/updates-and-resources-on-covid-19-coronavirus/>
- Optum:
 - 24 hour hotline for those experiencing anxiety around the COVID-19 pandemic: 866-342-6892
- Mental Health & Addiction:
<https://drugfree.org/parent-blog/covid-19-online-and-remote-resources-for-addiction-support/>



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The following information was provided to us by a partner at the Eastern Carolina Council. While we are aware some of the following may be duplicates from our list, we thought it important to share the whole list while we sort through duplications. We appreciate the hard work put into compiling this list by our partner at the Eastern Carolina Council!

Special Accommodation Stores

- **Dollar General**- Monday-Sunday 8-9 a.m. are senior only shopping hours.
- **Target**- Wednesdays from 8-9 a.m. are senior only shopping hours
 - 3410 Doctor MLK, New Bern
- **Walmart**- Walmart will be providing senior only shopping every Tuesday starting March 24 through April 28. Walmart stores will open one hour before their regular store hours to host an hour-long shopping opportunity for customers that are 60 years old and older.
- **Walgreens**-Walgreens will be providing senior only shopping hours every Tuesday from 8:00 a.m. to 9:00 a.m. Please contact your local Walgreens to verify participation and details.

Medication Delivery/Services

Additional restrictions and cost may apply.

- **CVS**- CVS provides same day delivery of prescriptions and personal essentials items. CVS can also provide, shipment/delivery in 1-2 business days. Call your local CVS for details or visit: <https://www.cvs.com/content/delivery?icid=rxdelivery-tab-rxdelivery>
- **Realo Drug**
 - 502 West Thurman Rd, New Bern, 252-631-5444
 - 1301 Commerce Dr, New Bern, 252-636-1711
 - 2602 MLK Blvd, New Bern, 252-514-0374



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- **Trent East Pharmacy-** 937 HWY 70 East, New Bern, 252-638-6500

Grocery Pick Up

Additional restrictions and cost may apply.

- **Harris Teeter**
 - 3301 Doctor MLK Jr. Blvd, New Bern, 252-635-3388
 - 2032 Waterscape Way, New Bern, 252-631-5226
- **Food Lion-** 3301 Doctor MLK Jr Blvd, New Bern, 252-635-3388
- **Publix-** 2004 S Glenburnie Rd, New Bern, 252-634-1646
- **Target-** 3410 Doctor MLK Jr, New Bern, 252-638-2954
- **Walmart**
 - Havelock-566 US HWY 70 W, Havelock, 252-333-2750
 - New Bern
 - 2915 Neuse Blvd, New Bern, 252-671-6131
 - 3105 Doctor MLK, New Bern, 252-637-6699

County Services:

- **Craven County Department of Social Services:** 252-636-4900,
<https://www.cravencountync.gov/275/Social-Services>
- **Craven County Health Department:** 252-636-4920



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Other Resources

Home Delivered Meal Service

- o *Meals on Wheels America:* <https://www.mealsonwheelsamerica.org/>
- o *Moms Meals:* 1-877-508-6667, <https://www.momsmeals.com>
- o *Silver Cuisine:* 1-844-404-3663,
https://www.silvercuisine.com/?gclid=CjwKCAjwsMzzBRACEiwAx4ILG5FIAV-19twqcmBFNylc6Us0YIzcOiGCrkMUDM0xykknqdErs5AFxxoC0UUQAvD_BwE

Medication Home Delivery

- o *Amazon Pill Pack:* <https://www.pillpack.com/>
- o *CVS:* <https://www.cvs.com>



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- o **Express Scripts:** <https://www.express-scripts.com/>
- o **NowRX:** <https://nowrx.com/>
- o **Simple Meds:** 1-877-512-4654,
https://try.simplameds.com/?gclid=CjwKCAjwsMzzBRACEiwAx4ILG30uTQna8m3-cvi0LhpMGf8ljn_Ct6GE0qqb_jkpZ5DSqbcIPvOCrRoC33IQAvD_BwE
- o **Tricare Home Medication Delivery:**
<https://www.walgreens.com/topic/pharmacy/prescription-delivery.jsp>
- o **Walgreens:**
<https://www.walgreens.com/topic/pharmacy/prescription-delivery.jsp>

Coronavirus Resources

- **Coronavirus (COVID-19) North Carolina Updates:** www.ncdhhs.gov/coronavirus
- **Center for Disease Control and Prevention (CDC):**
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- **NC 211:** 211, 1-888-892-1162, <https://www.nc211.org/coronavirus-covid-19>

Eastern Carolina Council Area Agency on Aging

- Servicing Carteret, Craven, Duplin, Greene, Jones, Lenoir, Onslow, Pamlico, and Wayne County): 252-638-3185, www.eccog.org
 - o **Director:** Tonya Cedars, ext. 3009
 - o **Family Caregiver Specialist:** January Brown, jbrown@eccog.org, ext. 3011
 - o **Long-Term Care Ombudsmen:** Angelia Pridgen, apridgen@eccog.org, ext. 3007 or Colby Smith, csmith@eccog.org, ext. 3010

Alzheimer's Resources

- **Alzheimer's Association 24/7 Helpline:** 1-800-272-3900
- **Alzheimer's Foundation:** 1-866-232-8484
- **Dementia Alliance of North Carolina: Caregiver assistance line:** 1-800-228-8738,
www.dementianc.org



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- **Project C.A.R.E-Caregivers Alternatives to Running on Empty:** Amanda Biggs, 252-414-3230

Support & Resource Hotlines – Continued

Chronic Disease Resources

- **American Cancer Society:** 1-800-227-2345, <https://www.cancer.org/>
- **American Diabetes Association:** 1-800-342-2383
- **American Heart Association:** 1-877-242-4277
- **American Parkinson Disease Association (NC):** 1-800-223-2732
- **Cancer Care:** 1-800-813-4673
- **Cancer Support Community Helpline:** 1-888-793-9355
- **International Hearing Society (Hearing Aid Helpline):** 1-800-521-5247
- **Kidney Helpline:** 1-855-653-2273
- **Lung Helpline:** 1-800-586-4872
- **National Cancer Institute:** 1-800-422-6237, <https://www.cancer.gov/>
- **North Carolina Deaf-Blind Services:**
<https://www.ncdhhs.gov/divisions/dsb/deaf-blind-services>
- **Parkinson's Foundation:** 1-800-473-4636, <https://www.parkinson.org/>
- **Stroke Family Warmline:** 1-888-478-7653

Crisis Resources

- **National Alliance on Mental Illness:** 1-800-950-6264
- **National Crisis Line:** 1-800-273-8255
- **National Distress Hotline:** 1-800-985-5990



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- **National Suicide Prevention Lifeline:** 1-800-273-8255
- **Trillium Health Resources (24-hour access to care):** 1-877-685-2415

General Resources

- **Aging and Adult Services (NC):**
<https://www.ncdhhs.gov/assistance/aging-and-adult-services>
- **Caregiver Alliance 24/7 Helpline:** 1-800-272-3900
- **Caregiver Connection Assistance Line:** 1-866-211-3380
- **Caregiver Help Desk:** 1-855-227-3640
- **Caregiver.com:** 1-800-829-2734
- **Children of Aging Parents:** 1-800-227-7294
- **Disaster Helpline:** 1-800-985-990, www.disasterdistress.samhsa.gov
- **Eldercare Locator:** 1-800-677-1116
- **Exercise and Physical Activity, National Institute on Aging:**
<https://www.nia.nih.gov/health/exercise-physical-activity>
- **Hospice Foundation of America:** 1-800-854-3402
- **Legal Aid of NC:** 1-866-219-5262, www.legalaidnc.org
- **Long Term Care Regional Ombudsman:** Colby Smith, 252-638-3185 or 1-800-824-4648
- **Medicare:** 1-800-633-4227, www.medicare.gov
- **National Hospice & Palliative Care:** 1-800-658-8898, 1-877-658-8896 (multi-language)
- **National Institute on Aging:** 1-800-222-2225, <https://www.nia.nih.gov/>
- **NC 211:** 211 or 1-888-892-1162, www.nc211.org

General Resources, Continued

- **North Carolina Assistive Technology:** 919-859-8360, www.ncdhhs.gov
- **North Carolina Baptist Aging Ministry (NCBAM):** 1-877-506-2226, 1-866-758-4673, www.ncbam.org



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- **North Carolina Division of Health & Human Services:** 1-800-662-7030, www.ncdhhs.gov
- **North Carolina Independent Living Program:** 1-877-699-7578
- **North Carolina Lions Foundation (visually and hearing-Impaired assistance):** 1-800-521-5247
- **Nursing Home Complaint Hotline:** 1-800-624-3004
- **Senior Health Insurance Information Program (SHIIP):** 1-855-408-1212, www.ncdoi.com/SHIIP
- **Social Security Administration:** 1-800-772-1213
- **United Way NC211 Helpline:** 211, www.nc211.org

Veteran Services Resources

- **U.S. Department of Veterans Affairs:** 1-844-698-2311, www.va.gov
- **Veteran Caregiver Support Line:** 1-855-260-3274,
- **Veterans Crisis Line:** 1-800-273-8255, www.va.gov