

# West Craven Health/PE Playlist

## Fernandez / Periods 2<sup>nd</sup> & 3<sup>rd</sup>

### Monday, October 12, 2020 (Health Day)

**\*\*\*REMINDER: You must be using the Canvas app on your device to access external links through Canvas for all assignments.**

**No Zoom today! We're using this whole week to make up assignments and get the best grade possible you earn.**

- ⇒ Check PowerSchool and identify your grade to date.
- ⇒ Any assignments missing can be made up this week...
  - Remember, there is no partial credit, it's all or none points wise.
- ⇒ Go back and complete any NFHSLearn.com courses and submit the certificate to me by Remind, Email or a Canvas submission.
- ⇒ Go back and complete any Darebee exercise workouts and submit to me the Title of the workout and the date of the workout by Remind, Email or a Canvas submission.
- ⇒ Any assignment missing from a class discussion day requires you to watch the videos, read over any handouts shown and write a 1-page reaction paper with a minimum of 2 paragraphs and submit to me by Remind, Email or a Canvas submission.

**\*\*\*To show you've completed class work, you must enter a TEXT ENTRY into the Submissions on Canvas OR EMAIL me details of the assignment to say you've completed the work. My email is [david.fernandez@cravenk12.org](mailto:david.fernandez@cravenk12.org) This is how you get credit for the work assigned & is a very important part of this virtual learning process, so you get credit for the class.\*\*\***

**I can't give you credit if you don't complete the step of making contact with me.**

### Tuesday, October 13, 2020 (Health Day)

**\*\*\*REMINDER: You must be using the Canvas app on your device to access external links through Canvas for all assignments.**

#### **Class Zoom Meeting**

2<sup>nd</sup> Period: 9.30am-10am - <https://cravenk12.zoom.us/j/98194092893>

3<sup>rd</sup> Period: 11am-11.30am - <https://cravenk12.zoom.us/j/96887823057>

- ⇒ Class Welcome
- ⇒ Class Q&A

- ⇒ Grades recap and make-up work again
- ⇒ Check PowerSchool and identify your grade to date.
- ⇒ Any assignments missing can be made up this week...
  - Remember, there is no partial credit, it's all or none points wise.
- ⇒ Go back and complete any NFHSLearn.com courses and submit the certificate to me by Remind, Email or a Canvas submission.
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## **Wednesday, October 14, 2020 (Independent Workday)**

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**No Zoom today! Continue to use this whole week to make up assignments and get the best grade possible you earn.**

- ⇒ Check PowerSchool and identify your grade to date.
- ⇒ Any assignments missing can be made up this week...
  - Remember, there is no partial credit, it's all or none points wise.
- ⇒ Go back and complete any NFHSLearn.com courses and submit the certificate to me by Remind, Email or a Canvas submission.
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## **Thursday, October 15, 2020 (PE Day)**

**\*\*\*REMINDER: You must be using the Canvas app on your device to access external links through Canvas for all assignments.**

### **Class Zoom Meeting**

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3<sup>rd</sup> Period: 11am-11.30am - <https://cravenk12.zoom.us/j/96887823057>

- ⇒ Class Welcome
- ⇒ Class Q&A
- ⇒ Grades recap and make-up work again
- ⇒ Check PowerSchool and identify your grade to date.
- ⇒ Any assignments missing can be made up this week...
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## **Friday, October 16, 2020 (PE Day)**

**\*\*\*REMINDER: You must be using the Canvas app on your device to access external links through Canvas for all assignments.**

**No Zoom today! Today is also the last day to turn in any missing work. Grades will be locked in this weekend and I can no longer accept any make-up work after today!!!**

- ⇒ Check PowerSchool and identify your grade to date.

- ⇒ Any assignments missing can be made up this week...
  - Remember, there is no partial credit, it's all or none points wise.
- ⇒ Go back and complete any NFHSLearn.com courses and submit the certificate to me by Remind, Email or a Canvas submission.
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